

BAT LOGIC ErgAdaptor

The ErgAdaptor contains:

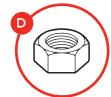
| • | 1 x ErgAdaptor Plate with Straps & Clips | Α |
|---|--|---|
| • | 2 x BasePlates (1 x left & 1 x right) | В |
| • | 8 x Flat Head 12mm Screws | С |
| • | 8 x Nuts | D |
| • | 8 x Washers | Е |















Philips Head Screw Driver



WILL FIT CONCEPT2 MODEL D, E & DYNAMIC ERGOMETERS.

Clip in with your ShoePlate Tops or use your regular rowing shoes directly on the Adaptor.

Associated product:

ShoePlate Tops





SYSTEM WILL FIT MOST ROWING SHOES.

STEP 1 - ATTACH YOUR BASEPLATES

Attach your BasePlates to the ErgAdaptor with the screws, washers and nuts provided. Or attach your rowing shoes directly if you are not using the QuickRelease System. The washers should go between the screws and the back of the ErgAdaptor plate. You can select your desired height by sliding the BasePlates up or down the Adaptor slots.





RECOMMENDED HEIGHT:

This should be set to your comfort, the middle 5 notches on the Adaptor match the 5 height settings on the Concept 2. Next, if needed, screw your rowing shoes (and CustomPack if used) to your ShoePlate Tops using the 8x8mm T-head screws supplied with the ShoePlate Tops. Don't use counter sunk screws to fit the shoe to your ShoePlate Tops and do not over tighten (hand tight or max 5Nm).



STEP 2 – REMOVE THE HEEL CUPS

Remove the adjustable Concept2 heel cups from the ergo. This can be fiddly the first time. If you push down on the toe of them with your palm and pull the heel at the same time they come out quickly and easily. You will not break them and they are simple to clip back in. Finally, pull the Concept2 straps tight as shown, to ensure the buckles and straps sit neatly.







STEP 3 – ATTACH YOUR ERGADAPTOR TO THE CONCEPT2

Place the ErgAdaptor on the ergo, connect the straps around the back of the Concept2 ergo foot box as shown, with the clip and hook. Give the straps a strong pull making sure there are no twists.







STEP 4 - CLICK IN YOUR SHOEPLATE TOPS

Line up each ShoePlate Top with the release tab of the BasePlate and place on top of the BasePlate. Slide the ShoePlate Top upwards to engage into the BasePlate, you should hear a click. Once engaged you should check the release tab on the ShoePlate Top is fully depressed by pushing down on it, this ensures a proper locked fitment. To remove simply lift the tab on the ShoePlate Top and pull the plate downwards.







To remove the ErgAdaptor, simply unclip the straps and lift off the ergo, then refit the heel cups.

